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### **Riding Through Thick and Thin | Melinda Folse**

Riding Through Thick and Thin: Make Peace with Your Body and Banish Self-Doubt--In and Out of the Saddle [Melinda Folse] on Amazon.com. \*FREE\* shipping on qualifying offers. Many if not most women have

been locked in a battle with their bodies for as long as they can remember. And when it comes to riding horses

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